

PROCEDURE INSTRUCTIONS: STRESS ECHO AND DOBUTAMINE STRESS ECHO

- Nothing to eat or drink 4 hours prior to test.
- No caffeine 12 hours prior to test.
- Wear comfortable clothing and shoes.
- Bring a current list of medications with you.
- Certain medications must be stopped prior to the stress test, contact your physician or cardiopulmonary department if unsure.

The drugs listed interfere with this test.

(Confirm changing medication orders with your physician before stopping them)

Stress Echo: Beta Blockers and Calcium Channel Blockers.

Dobutamine Stress Echo: Beta Blockers, Calcium Channel Blockers, Persantine, Theophylline (and products containing Theophylline such as Constant-T, Primatene, Quibron, Slo-Phylline, Theo-Dur), and inhalers used for asthma.

QUESTIONS? Please call 989-635-4338