

PROCEDURE INSTRUCTIONS: CARDIAC STRESS TEST

- Nothing to eat or drink after 12 midnight.
- No smoking after midnight.
- No caffeine or products that contain caffeine (i.e. Coffee, Tea, Anacin, Excedrin, Colas, Chocolates) for 24 hours prior to the exam.
- Wear comfortable clothing and shoes.
- Bring a current list of all medications with you.
- Certain medications must be stopped prior to the stress test, contact your physician or cardiopulmonary department if unsure.

The drugs listed interfere with this test.

(Confirm changing medication orders with your physician before stopping them)

Treadmill Myocardial Stress Test: Beta Blockers and Calcium Channel Blockers.

Pharmacological Stress Test: (Lexiscan, Adenosine, Dobutamine, Persantine) :

Beta Blockers, Calcium Channel Blockers, Persantine, Theophylline (and products containing Theophylline such as Constant-T, Primatene, Quibron, Slo-Phylline, Theo-Dur), and inhalers used for asthma

QUESTIONS? Please call 989-635-4338